

Seeking JOY

MEDIA KIT

through the Gospel of Luke
A CHRISTMAS TO CALVARY ADVENT COUNTDOWN

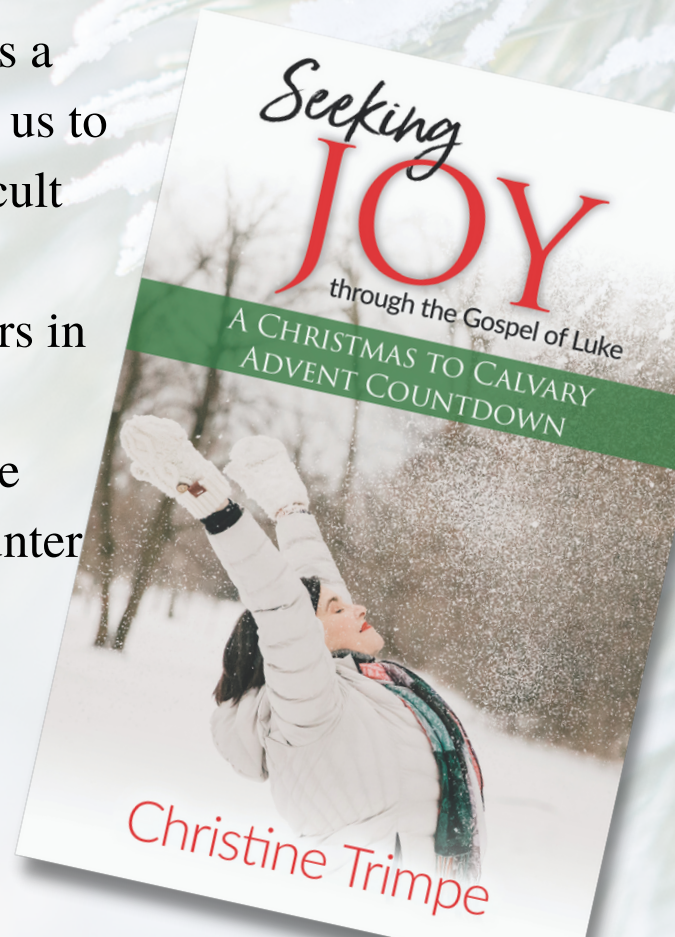
Author Christine Trimpe



Shop Description: The very best gifts are ones that come from the giver's heart and stand the test of time. This Advent season, unwrap the greatest gift ever given—one of beauty, sacrifice, and abundant joy that still impacts the world today.



Seeking Joy through the Gospel of Luke is a twenty-five-day Christmas advent drawing us to live in the joy of the Lord despite our difficult circumstances. Beginning on December 1, readers will go through twenty-four chapters in Luke, ending with chapter 25 for a final Christmas Day message by author Christine Trimpe. From Christmas to Calvary, encounter God's heart through Luke's gospel story.



ABOUT THE AUTHOR

CHRISTINE TRIMPE



Christine Trimpe is an author, speaker, joy seeker, and weight-loss warrior. After losing over a hundred pounds in her joy-filled journey of healing, God instilled a passion within her to inspire, motivate, and encourage women to pursue healthy, holy living—body, mind, and spirit. A former "casual Christian", Christine speaks and writes for women all over the world, sharing the freedom Christ offers when we choose the path of surrender and sacrifice. *Seeking Joy through the Gospel of Luke* is Christine's debut book, a twenty-five-day Christmas advent encouraging readers to live in the joy of the Lord despite their circumstances, realizing that joy is found in the happy or the hard times. Her transformation story and *Bible and Beans* blog can be found at ChristineTrimpe.com, and you can email her at Christine@christinetrimpe.com for speaking inquiries.

CONNECT LINKS

To order copies of *Seeking Joy*: ChristineTrimpe.com/Joy

Grab your early Christmas gift: [**Seeking Joy Bonus Chapters**](#)

Contact email: Christine@christinetrimpe.com

Website: www.christinetrimpe.com

Social media links:

Facebook: <https://www.facebook.com/ChristineTrimpeLLC>

Instagram: <https://www.instagram.com/coachchristinetrimpe/>

Twitter: <https://twitter.com/KetoChristineMI>

YouTube: @ChristineTrimpe <https://youtube.com/christinetrimpe>

Pinterest: <https://www.pinterest.com/joyfulketolife/>



BACK COVER COPY

SEEKING JOY THROUGH THE GOSPEL OF LUKE

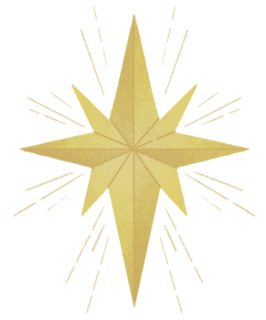
by Christine Trimpe

“Seeking Joy takes us from the chaos of Christmas in a weary world to remind us of the gift of everlasting joy found only in Jesus Christ.” —Tammy Whitehurst

“The weary world rejoices!” These are the words God gave Christine Trimpe over and over during a difficult season, inspiring her to go deeper with her study of joy. What she learned was life-changing: God’s joy is more than abundant and carries us through our darkest trials and tribulations—seek, and you will find. When we delight in God’s Word daily, we can’t help but share the “*good news of great joy.*” It’s the never-ending gift with the power to positively impact the world around us. Even during times of uncertainty and major changes, the joy of the Lord sustains those who know Him and spend time in His Word.

Seeking Joy through the Gospel of Luke is a twenty-five-day Christmas advent drawing us to live in the joy of the Lord despite our difficult circumstances. Beginning on December 1 with Luke 1, readers will go twenty-four days through twenty-four chapters in Luke, ending with chapter 25 for a final Christmas Day message. This Christmas season—or whenever you need an extra dose of cheer—watch how God’s abundant joy influences the world forever as we experience Luke’s gospel story.

SAMPLE INTERVIEW QUESTIONS FOR CHRISTINE TRIMPE



15 to 20 minute interview segment:

1. Christine, I introduced you as a former "casual Christian" and now a joy-seeker. Tell us a little bit about this journey.
2. Christmas is known as a season of joy. Would you share a little about your history with Christmas?
3. Where did the concept of your book *Seeking Joy through the Gospel of Luke: A Christmas to Calvary Advent Countdown* come from?
4. How did you go from blogging through Luke to publishing this book?
5. Do you have a favorite lesson from Luke which you share in *Seeking Joy*?
6. This is a hands-on devotional book; how long will it take the reader?
7. How can listeners connect with you?

20 to 45 minute interview segment:

1. Christine, I introduced you as a former "casual Christian" and now a joy-seeker. Tell us a little bit about this journey.
2. Christmas is known as a season of joy. Would you share a little about your history with Christmas?
3. Where did the concept of your book *Seeking Joy through the Gospel of Luke: A Christmas to Calvary Advent Countdown* come from?
4. A lot of Christians, but not all, are familiar with advent. Will you explain advent to our listeners?
5. How did you go from blogging through Luke to publishing this book?
6. Why Luke and what do you love about this book?
7. Do you have a favorite lesson from Luke which you share in *Seeking Joy*?
8. What encouragement can you offer someone going through their own season of weariness?
9. This is a hands-on devotional book; how long will it take the reader?
10. How can listeners connect with you?

PULL QUOTES

SEEKING JOY THROUGH THE GOSPEL OF LUKE

by Christine Trimpe



I don't know about you, but I need to constantly seek joy so I'm not sinking in the events happening around the world and in my own circle.

Be encouraged through the joy we find today in God's Word. He sent an angel to tell these shepherds, "Have no fear, joy is here." Surely He is fulfilling this promise to you today.

There are days when I can't avoid the news of the day and a pit of despair rises in my gut. But through my own joyful journey of healing my body, mind, and spirit, I've learned to cling to joy.

As I continue on this path of transformation and sanctification, I want to tell you the number one source of my hope and joy is straight from the word of God.

Our reward for suffering and hardship will come one day, so we can set aside all the fear and worry of rejection to rise up and meet His challenges for us. Jesus satisfies every little and big need we have—physically, emotionally, and spiritually.

The sinful woman chose joy in the alabaster jar. In return her story is a precious example to us all. I can think of no greater gift this Christmas season than to hear Him say, "Your faith has saved you; go in peace."

Choosing Jesus ushers in my renewed spiritual mindset and gives me the ability to always choose joy. Joy is contagious. Let this be our witness. Let us be true instruments of the joy of the Christmas season by worshipping every day at the feet of Jesus and spreading the good news of great joy!

I desire to be among the people of light. Wise and shrewd in the gifts He's given me to help others. Thank you, Jesus, for giving me a heart of joy, teaching me how to handle the worldly riches You bestow and shining a light on the path of my joyful journey.

As we focus on joy through another Christmas season, wouldn't this be an appropriate time to increase and share the grace and forgiveness which Jesus was born to share?

As we count down to Christmas, God is reminding you to intimately embrace the name "Emmanuel, God with us." God with you. God with me. God with our children. And God with our children's children.

At this intimate table, Jesus offered up His body and His blood in a cup. A cup full of joy. I know it deep down in my soul as I develop this relationship with Him. It's a cup that overflows. It's a cup for you and me. And He's always asking us to return to take a seat at this table. Hallelujah!

This Christmas I pray this journey through the Gospel of Luke filled you up and joy-fueled your witness for Christ. *The weary world rejoices.* Yes, Lord. We may be weary. But we praise Your name for Your *thrill of hope.*

MORE ABOUT CHRISTINE



Christine Trimpe is an author, speaker, joy seeker, and weight-loss warrior. After losing over a hundred pounds in her joy-filled journey of healing, God instilled a passion within her to inspire, motivate, and encourage women to pursue healthy, holy living— body, mind, and spirit. Her story has been shared internationally in publications such as *Woman's World*, *First for Women*, *Reader's Digest*, and on popular websites like *Diet Doctor*.

A former "casual Christian", Christine now speaks and writes for women all over the world, sharing the freedom Christ offers when we choose the path of surrender and sacrifice. *Seeking Joy through the Gospel of Luke* is Christine's debut book, a twenty-five-day Christmas advent encouraging readers to live in the joy of the Lord despite their circumstances, realizing that joy can be sought after and found if they just look for it. She's passionate in encouraging women to do hard things through God's gifts of love, power, and self-control. Her God-sized transformation story and *Bible and Beans* blog can be found at ChristineTrimpe.com.

Christine would love to introduce this devotional to your women's ministry group or small group through personal or virtual speaking appearances. For several years, the blog series this book was adapted through was instrumental in getting women consistently into daily Bible study while reminding them of the joy in living through the happy and the hard seasons of life. For speaking inquiries, please email her at: Christine@christinetrimpe.com.

The advent devotional journey begins

on December!!

Order early here:

[Seeking Joy through the Gospel of Luke](#)

[CLICK HERE](#)

featured in:



FOR IMMEDIATE RELEASE

October 2021

**REDEMPTION PRESS AUTHOR PROVIDES A BEACON OF HOPE AND JOY
FOR THOSE SUFFERING WITH HEALTH, PHYSICAL, EMOTIONAL,
AND SPIRITUAL CONCERNS**

Author, speaker, and health advocate Christine Trimpe knows the struggle with health all too well. A few years ago, she was obese, but then she lost a hundred pounds. And with what started as a way to process her emotions, difficulties, and struggles, Christine began to study the Gospel of Luke. What she found there changed her life forever! Through her blog posts, “Countdown to Christmas through the Book of Luke,” Christine realized she had hit a core need in people struggling to find joy in their circumstances. The positive responses were overwhelming, and she felt God nudging her to take all she had written and publish a book. *Seeking Joy through the Gospel of Luke* is a twenty-five-day Christmas advent devotional beginning December 1, going through the twenty-four chapters of Luke’s gospel, plus an encouraging message from Trimpe on day twenty-five. Her hope is for readers to live in the joy of the Lord despite their circumstances—seek, and you will find. *Seeking Joy through the Gospel of Luke* releases October 2021, in time for the Advent season.

Now instead of feeling toxic all the time, Christine describes how her mood changed “from chronic exhaustion to complete joy!”

“Everywhere in every chapter of Luke, I kept running across the word ‘joy’ or forms of it—rejoice, joyful—even during the worst moments of Jesus’s life,” Christine says. “There are so many things to be thankful for, so many joy-filled moments, that I began to understand the joy of the Lord, and I couldn’t keep quiet about this life-changing gift!”

Her joy has proven to be contagious, and now Trimpe serves as a health and wellness coach through her ministry Joy-Fueled Living, helping others heal from obesity and chronic health issues of body, mind, and spirit. “I’m hoping to help anyone who is sick and tired of being sick and tired,” says Trimpe. “I can use my story and experience to show people a better way—a way that actually works, a way where people can feel hope again and experience pure joy!”



SEO ELEMENTS

SEEKING JOY THROUGH THE GOSPEL OF LUKE

by Christine Trimpe

Christmas advent devotional
Advent and Christmas devotional
Daily advent devotional for women
Gospel of Luke devotional
The book of Luke themes
Devotions for women
25-day advent devotional
Daily readings for advent
What is the meaning of Christmas?
Christmas Countdown Luke
Countdown Christmas Luke
Countdown to Christmas through the Book of Luke
Countdown to Christmas through the Gospel of Luke
Christmas Countdown through the Book of Luke
Christmas Countdown through the Gospel of Luke
Joy-filled
Abundant joy
The weary world rejoices study
Finding joy during the holidays
Celebrating Christmas
Finding hope
Finding joy
How can I experience joy?
What is joy?
Birth of Jesus Christ
Life of Jesus Christ
Ministry of Jesus Christ
Christmas Bible Study
Christmas to Calvary Advent Countdown
Joyful Keto Life
Joy-fueled living
Choose joy
Healing from obesity
Obesity and related health issues



from Author Christine Trimpe

Seeking JOY through the Gospel of Luke

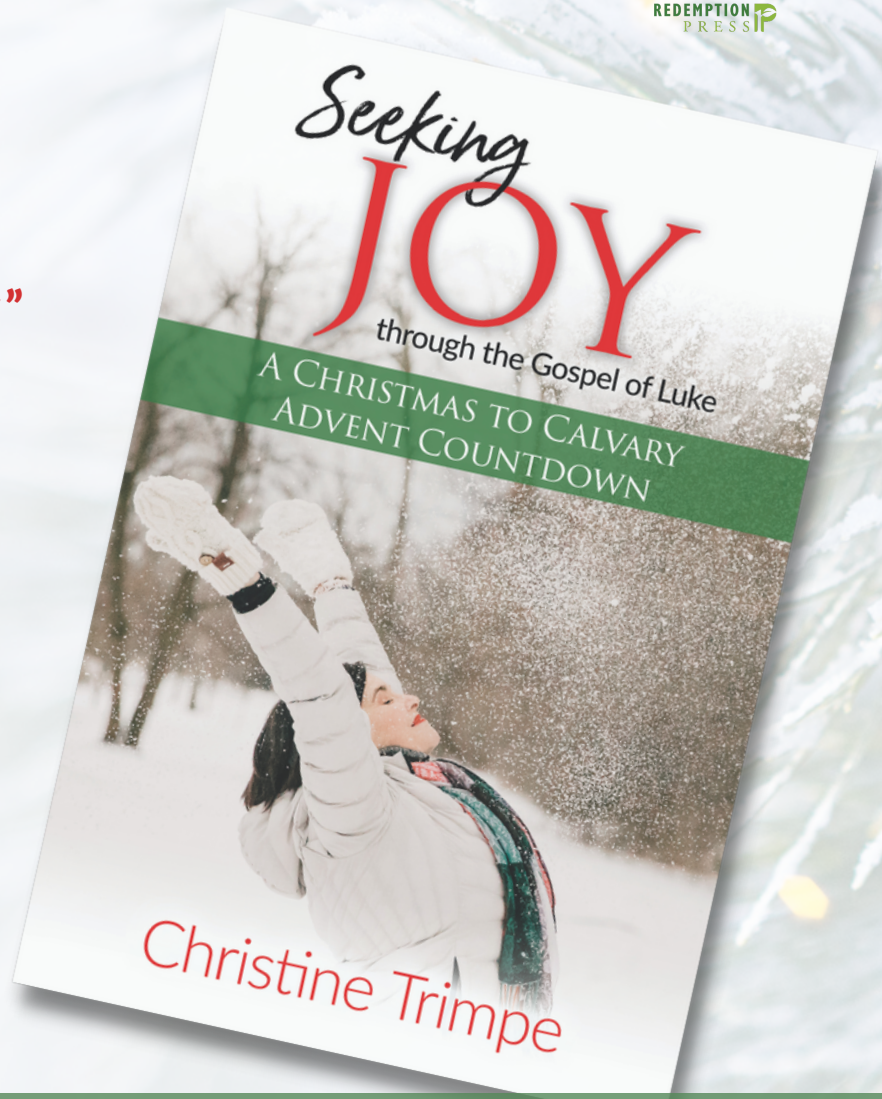
A CHRISTMAS TO CALVARY ADVENT COUNTDOWN

REDEMPTION PRESS

Join Christine on this Seeking JOY devotional journey. Learn how to share the "Good News of Great Joy" this Christmas season and year round.

"Seeking JOY takes us from the chaos of Christmas in a weary world to remind us of the gift of everlasting joy found only in Jesus Christ."

Tammy Whitehurst, National Speaker and Co-Owner of the Christian Communicators Conference



ORDER NOW FOR ADVENT
CHRISTINETRIMPE.COM/JOY

Order the full devotional book today. **Don't delay!**
The devotional journey begins together on December 1st.